

# USING "GOOGLE TAKEOUT" TO DOWNLOAD "GMAIL"

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# SUMMARY

If you use a Web browser to access your Gmail account as "Webmail", you can use the "Google Takeout" Website to download all of your Gmail down to a local hard drive as an "Mbox" file.

# TOPICS

- "Gmail Offline" Extension for the Chrome Browser
- "Google Takeout" to Save Gmail as an MBOX File
- A Free MBOX File Viewer

# "GMAIL TAKEOUT" TO DOWNLOAD ALL OF YOUR GMAIL AS AN MBOX FILE

- The Mbox file format can store entire email messages and their folders as explained at .

<https://en.wikipedia.org/wiki/Mbox>

# "GMAIL TAKEOUT" TO DOWNLOAD ALL OF YOUR GMAIL AS AN MBOX FILE (continued)

- To download all of your Gmail as an Mbox file, go to <https://takeout.google.com/settings/takeout>

# "GMAIL TAKEOUT" TO DOWNLOAD ALL OF YOUR GMAIL AS AN MBOX FILE

(continued)

- Then follow the instructions at

<https://medium.com/@bobmaria57/how-do-i-export-emails-from-gmail-as-mbox-files-and-restore-them-back-to-gmail-account-f6d4f589da75>

# A FREE MBOX VIEWER

- A free Mbox viewer for "Windows.." that runs as a "portable app" can be obtained at <https://sourceforge.net/projects/mbox-viewer/?source=directory>